



## PRIOR AUTHORIZATION POLICY

**POLICY:** Hereditary Angioedema – Kalbitor Prior Authorization Policy

- Kalbitor® (ecallantide subcutaneous injection – Takeda)

**REVIEW DATE:** 08/25/2021

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### OVERVIEW

Kalbitor, a plasma kallikrein inhibitor, is indicated for the **treatment of acute attacks of hereditary angioedema (HAE)** in patients  $\geq 12$  years of age.<sup>1</sup>

Potentially serious hypersensitivity reactions, including anaphylaxis, have occurred in patients treated with Kalbitor. Kalbitor should only be administered by a healthcare professional with appropriate medical support to manage anaphylaxis and HAE.

### Guidelines

According to US HAE Association Medical Advisory Board Guidelines (2020), when HAE is suspected based on clinical presentation, appropriate testing includes measurement of the serum C4 level, C1 esterase inhibitor (C1-INH) antigenic level, and C1-INH functional level.<sup>2</sup> Low C4 plus low C1-INH antigenic or functional level is consistent with a diagnosis of HAE types I/II. The goal of acute therapy is to minimize morbidity and prevent mortality from an ongoing HAE attack. Patients must have ready access to effective on-demand medication to administer at the onset of an HAE attack. All HAE attacks are eligible for treatment, irrespective of the location of swelling or severity of the attack. First-line treatments include plasma-derived C1-INH, Ruconest® (C1-INH [recombinant] intravenous infusion), Kalbitor, and icatibant (Firazyr®, generic). The International/Canadian HAE guideline (2019) and the World Allergy Organization and European Academy of Allergy and Clinical Immunology updated guidelines (2017) have similar recommendations.<sup>3,4</sup>

### POLICY STATEMENT

Prior Authorization is recommended for prescription benefit coverage of Kalbitor. Because of the specialized skills required for the evaluation and diagnosis of patients treated with Kalbitor, approval requires Kalbitor to be prescribed by or in consultation with a physician who specializes in the condition being treated. All approvals are provided for the duration noted below.

**Documentation:** Documentation will be required where noted in the criteria as **[documentation required]**. Documentation may include, but is not limited to, chart notes, laboratory records, and prescription claims records.

**Automation:** None.



## RECOMMENDED AUTHORIZATION CRITERIA

Coverage of Kalbitor is recommended in those who meet the following criteria:

### FDA-Approved Indication

1. **Hereditary Angioedema (HAE) Due to C1 Inhibitor (C1-INH) Deficiency [Type I or Type II] – Treatment of Acute Attacks.** Approve Kalbitor for the duration noted if the patient meets one of the following criteria (A or B):
  - A) **Initial therapy.** Approve for 1 year if the patient meets both of the following criteria (i and ii):
    - i. Patient has HAE type I or type II as confirmed by the following diagnostic criteria (a and b):
      - a) Patient has low levels of functional C1-INH protein (< 50% of normal) at baseline, as defined by the laboratory reference values **[documentation required]**; AND
      - b) Patient has lower than normal serum C4 levels at baseline, as defined by the laboratory reference values **[documentation required]**; AND
    - ii. The medication is prescribed by, or in consultation with, an allergist/immunologist or a physician that specializes in the treatment of HAE or related disorders.
  - B) **Patient who has treated previous acute HAE attacks with Kalbitor.** Approve for 1 year if the patient meets all of the following criteria (i, ii, and iii):
    - i. Patient has a diagnosis of HAE type I or II **[documentation required]**; AND
    - ii. According to the prescriber, the patient has had a favorable clinical response with Kalbitor treatment; AND  
Note: Examples of favorable clinical response include decrease in the duration of HAE attacks, quick onset of symptom relief, complete resolution of symptoms, or decrease in HAE acute attack frequency or severity.
    - iii. The medication is prescribed by or in consultation with an allergist/immunologist or a physician that specializes in the treatment of HAE or related disorders.

### CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of Kalbitor is not recommended in the following situations:

1. **Hereditary Angioedema (HAE) Prophylaxis.** Data are not available and Kalbitor is not indicated for the prophylaxis of HAE attacks.
2. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

### REFERENCES

1. Kalbitor® [prescribing information]. Lexington, MA: Takeda; December 2020.
2. Busse PJ, Christiansen SC, Riedl MA, et al. US HAEA Medical Advisory Board 2020 guidelines for the management of hereditary angioedema. *J Allergy Clin Immunol Pract.* 2021 Jan;9(1):132-150.e3.
3. Betschel S, Badiou J, Binkley K, et al. The International/Canadian Hereditary Angioedema Guideline [published correction appears in *Allergy Asthma Clin Immunol.* 2020 May 6;16:33]. *Allergy Asthma Clin Immunol.* 2019;15:72.
4. Mauer M, Magerl M, Ansotegui I, et al. The international WAO/EAACI guideline for the management of hereditary angioedema – the 2017 revision and update. *Allergy.* 2018;73(8):1575-1596.

# PreferredOne®

## HISTORY

| Type of Revision | Summary of Changes  | Review Date |
|------------------|---|-------------|
| Annual Revision  | Examples of response to therapy moved to a note (previously these were listed in criteria). | 08/26/2020  |
| Annual Revision  | No criteria changes.  | 08/25/2021  |

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08/25/2021

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PreferredOne Community Health Plan  
PO Box 59052  
Minneapolis, MN 55459-0052  
Phone: 1.800.940.5049 (TTY: 763.847.4013)  
Fax: 763.847.4010  
[customerservice@preferredone.com](mailto:customerservice@preferredone.com)

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U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

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Washington, D.C. 20201  
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